

1	A	B	C	D	E	F	G
2	Name	Swim Time	Bike Time	Run Time	Total Time	Level?	
3					<b>sum(b3:d3)</b>	<b>if(e3&lt;200, "World Class", "Normal")</b>	
4							
5							
6							
7							
8							
9							
10							
11							
12							
13				avg time:	<b>average(e3:e12)</b>		
14				best:	<b>min(e3:e12)</b>		